# MENU

MONDAY - FRIDAY: 5:30AM - 2:30PM SATURDAY - SUNDAY: 7AM - 2:30PM

# **COFFEE**

Sml \$4.50 Med \$5 Lrg \$5.50

Cappuccino

Flat White

Latte

Long Black

Mocha

Chai Latte

**Hot Chocolate** 

Piccolo

Macchiato

Green Matcha

Cold Brew Coffee \$5

Extra Shot 60c

Syrup 70c

Vanilla; Hazelnut; Caramel

Alternative Milks 70c

Soy; Almond; Lactose Free; Oat Milk

# POTS OF TEA \$5

**English breakfast** 

Earl grey

Chai

**Peppermint** 

Green

Chamomile

Lemongrass

# MILKSHAKES \$8 KIDS MILKSHAKES \$6 THICKSHAKES \$9

+ Malt \$1; whipped cream 50c

Chocolate

Strawberry

Vanilla

Banana

Caramel

# **FRAPPES \$9.50**

Chocolate

Coffee

# **SMOOTHIES \$10**

+ Protein \$2

Mango Tango

Mango, banana, mango nectar, vanilla yoghurt and

**Mixed Berry** 

Mixed berries, yoghurt, milk and honey

Banana

Banana, vanilla yoghurt, milk and honey

# FRESH JUICE \$10

**Sunrise** 

Watermelon, apple, orange and passionfruit

**Immune** 

Orange, carrot, ginger, lemon

Revive

Carrot, celery, orange, pineapple, ginger

Green Goddess Juice

Mint, cucumber, celery, spinach and apple

Fresh Apple Juice \$9

Fresh Orange Juice \$9

# **ICED DRINKS \$7.50**

**Iced Latte** 

**Iced Long Black** 

**Iced Chai** 

**Iced Tea** 

# **CONTAINS ICE CREAM \$8.50**

+ whipped cream 50c

Iced Coffee

**Iced Chocolate** 

**Iced Mocha** 

## **HOUSEMADE LEMON LIME BITTERS \$7.50**

Soft drinks and bottled juices available

Please be aware that we take every precaution to ensure we cater for your dietary requirements but can not 100% guarantee

# MENU

MONDAY - FRIDAY: 5:30AM - 2:30PM SATURDAY - SUNDAY: 7AM - 2:30PM

# **BREAKFAST**

## EGGS YOUR WAY \$13.50 (V)

Poached, scrambled or fried free range eggs, served on your choice of sourdough, white or brown bread plus add additional extras

#### **DOUBLE BACON & EGG ROLL \$14**

Two rashers of bacon, two free range fried eggs, on a Brioche bun with your choice of sauce.

#### BG BIG BREAKFAST \$28 (GFO)

1 slice of toasted sourdough bread topped with two free range eggs, bacon, chorizo, roasted tomato, house beans, mushrooms, hash brown and sauteed spinach

### **BREAKFAST WRAP \$18**

Bacon, scrambled eggs, hash brown, cheese and your choice of sauce toasted on a white tortilla wrap

## **BG BREAKFAST STACK \$18 (VO)**

1 slice of sourdough, sauteed spinach, roasted mushrooms, chorizo and poached eggs topped with balsamic glaze and a side of tomato salsa

## FRITTERS \$19 (V, GF)

Corn and zucchini fritters, served with kale, sweet potato, mushrooms, halloumi, tomato relish

### **VEGGIE TACOS \$17 (V)**

Three tortillas, chipotle slaw, spiced beans, roasted mushroom, charred corn and pickled onions

## **BG BREAKFAST BURGER \$18**

Bacon, hash brown, 2 Free Range eggs, cheese and house made relish on brioche bun.

#### SMASHED AVO \$19 (V)

With cherry tomato, feta, Avocado, two poached eggs, on sourdough with paprika and roasted sesame seeds.

### EGGS BENE \$18 (V)

Sourdough, sauteed spinach, two poached eggs, hollandaise, and a hash brown Add bacon \$4, salmon \$5

## PANCAKES \$18 (V)

Pancakes with your choice of banana and butterscotch sauce or strawberries and maple syrup topped with an peanut and coconut crumb Add ice cream \$2

### POACHED PEAR GRANOLA \$16 (V)

House made granola, cinnamon poached pear, vanilla bean yoghurt, mixed berry compote and toasted coconut flakes

# **VALUE RANGE**

### SINGLE BACON & EGG ROLL \$10

1 slice of bacon, 1 free range fried egg on a brioche bun with your choice of sauce

#### **SWEET CHILLI CHICKEN WRAP \$14**

Poached chicken, spinach, cheese, aioli and sweet chilli sauce toasted in a white tortilla wrap

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#### **GOURMET TOASTIE \$14**

Chicken, spinach, Swiss cheese, tomato, aioli and pesto toasted on sourdough bread

# **LUNCH**

## **BURRITO BOWL (V, GFO) \$19**

Rice, black beans, tomato & corn salsa, smashed avo, onion and a warm tortilla Add Chicken or salmon - \$5

#### **STEAK SANDWICH \$23**

Tomato, cheese, onion, pesto and aioli on toasted sourdough, served with chips

## CAESAR SALAD \$19 (GFO, VO)

Poached chicken, cos lettuce, bacon, parmesan and croutons mixed with a creamy Caesar dressing and topped with a poached egg

## SWEET POTATO & KALE SALAD - \$18 (GF, VO)

Kale, sweet potato, roasted beetroot, quinoa, dried cranberries, crumbled feta and walnuts with a vinegarette dressing. Add Chicken \$5

## **PERI PERI CHICKEN BURGER \$21**

Chicken breast, cos lettuce, tomato, cheese, chipotle sauce on a brioche bun, served with chips

#### **EXTRAS**

Bacon \$4; Salmon \$5; Tomato \$3; Roasted field mushroom \$4; Hash \$4; Spinach \$3; House beans \$3; Avo \$4; Egg (1) \$2; Chicken \$5; Ice cream \$2; GF bread \$2: extra toast \$2.

# KIDS MENU \$10

Lil Breaky

Scrambled eggs and bacon on white toast

Pancakes

served with strawberries and maple syrup

• Chicken Nuggets served with chips

GF - Gluten Free, V - Vegetarian, GFO - Gluten Free Option, VO - Vegetarian Option